



**Position Statement  
on  
Treatment of Psoriatic Patients  
(Approved by the Board of Directors: April 27, 2013)**

Therapeutic options in the treatment of chronic plaque psoriasis should be tailored to meet individual patients' needs.<sup>1-6</sup> Psoriasis patients with moderate-to-severe psoriasis and thus, candidates for systemic therapy, should be placed on the appropriate therapy from the beginning, i.e. phototherapy, or systemic therapy including biologic therapy. The old paradigm of "stepwise-therapy", i.e., first phototherapy, then oral systemic therapies and finally biologic therapies in ascending order is not required.<sup>7, 8</sup> The decision for treatment should be based on efficacy, potential adverse effects, prior treatments, patient preference, duration and severity of disease, medical risk factors, co-morbidities, and potential impact on quality of life.<sup>1-6</sup>

**References**

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*This Position Statement is provided for educational and informational purposes only. It is intended to offer physicians guiding principles and policies regarding the practice of dermatology. This Position Statement is not intended to establish a legal or medical standard of care. Physicians should use their personal and professional judgment in interpreting these guidelines and applying them to the particular circumstances of their individual practice arrangements.*